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Facilitator Profile



Alejendrah K. East

Facilitator
Leadership

Alejendrah K. East is an international high impact instructor, speaker, author of the upcoming book '2 years to Freedom', co-author of 'The New Superwoman Book' and humanitarian.

Her work has lead organizations and individuals achieve higher standards of being, able to bring forth excellence, leadership and freedom in both their professional and personal areas.

Alejendrah is gifted in drawing the very best in people, capturing their essence and providing tools that they can use over and over. Her trainings are highly interactive and transformational.

Alejendrah is also instructor for the well established 'Money & You' program, considered to the mother of self-development programs that sprung in 1,978.

She has given public presentations, conducted and conducts training in USA, Singapore, Malaysia, Philippines, New Zealand, Colombia and Peru. She is now a key team member of the 'Art of Awakening' a leading group that focuses on bringing creative solutions to corporations in the areas of visual art, leadership, communication and higher performance.

Areas of specialty that Alejendrah works with organizations and individuals in:

- Self and Organizational Leadership
- Powerful Presentations
- EQ Mastery
- Excellence and Mind Power
- Innovative Problem Solving tapping into Inner Power
- The creation of 'Unified & Harmonious Community' within organizations, closing the gaps of communication and collaboration.

Back in 2002, After a challenging divorce, seeking ways to overcome depression and find her power, Alejendrah began the inner search that lead her to become an outstanding Master NLP Practitioner, Hypnotherapist of the award winning system: 5-PATH®, Instructor of the 1st holistic 7th Path Self Hypnosis® system. Later she became a USA-NGH Certified Hypnosis Instructor.

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Applying what she learnt, she turned her life around, transitioned from being an 'Expat-wife' to entrepreneur, setting up a successful clinical practice in Singapore.

Alejendrah is passionate about guiding individuals and organizations transform and step into their power, able to fulfill their dreams and life fulfilling lives. Having worked with people from different nationalities in different countries, and being a world traveler has enriched her views on humanity and is able to unlock what many thought 'unlockable' You must experience the magic she creates in the training room!

Alejendrah, a world citizen, born in Peru is fluent in English, Spanish and Japanese. Lived in Japan 12 years, in Singapore 10 years, and travels the world frequently. Her interest in uplifting humanity is what keeps her driven in fulfilling her dream to create a business to employ women and eventually create a business incubator for teenagers, in order to increase wealth, harmony and collaboration in our world.

She is a mother of 2 outstanding children, avid cook, dancer, scuba diver and marathon runner. Alejendrah actively supports PASKAY.org, providing equipment and infrastructure to build kitchens, dining rooms and green houses to alleviate malnourishment and illiteracy in the high Andes of Peru.

LinkedIn Profile:

http://www.linkedin.com/profile/view?id=204330829&trk=nav_responsive_tab_profile.